

Online Drug and Alcohol Resources

[National Institute on Alcohol Abuse and Alcoholism](#)

NIAAA provides leadership in the national effort to reduce alcohol-related problems.

[National Institute on Drug Abuse](#)

NIDA's mission is to lead the Nation in bringing the power of science to bear on drug abuse and addiction.

[SAMHSA \(Substance Abuse & Mental Health Services Administration\)](#)

The Substance Abuse and Mental Health Services Administration's (SAMHSA) mission is to reduce the impact of substance abuse and mental illness on America's communities

[Al-Anon/Alateen Minneapolis and St. Paul](#)

[Alcohólicos Anónimos \(AA\)](#)

[Millati Islami](#) is a fellowship of men and women, joined together on the "Path of Peace". We share our experiences, strengths, and hopes while recovering from our active addiction to mind and mood altering substances

[NAMI Minnesota](#) can help answer questions on navigating the mental health system. NAMI also offers many support groups for families and persons with mental illness.

[Narcotics Anonymous Common Needs Meetings](#): This listing highlights meetings of particular interest for those seeking meetings for beginners, where children are welcome, for GLBT people, men's meetings, women's meetings, and those for young people.

[National Institute on Alcohol Abuse and Alcoholism](#)

[National Institute on Drug Abuse](#)

[Partnership for a Drug-Free America](#)

[SAMHSA \(Substance Abuse & Mental Health Services Administration\)](#)

SMART Recovery (Self-management for addiction recovery is a non-twelve step approach)

<http://www.smartrecovery.org/>

[Substance Use in Minnesota-](#)

<http://www.sumn.org/>

Women for sobriety -**Women For Sobriety, Inc.** is a non-twelve-step approach dedicated to helping women overcome alcoholism and other addictions. www.womenforsobriety.org

